

## **Here are just a few attributes for each Personal Year Number!**

1 – You begin a new cycle, new beginnings, don't let fear hold you back! A green light to take advantage of new opportunities; a do-over. Independence, innovation, be the best you can be. Your personal power is considerable, so go for it. The shadow side, letting your ego get in the way, stubborn, and bossy. You are one of a kind, celebrate your leadership and uniqueness! It's the year of the Magician, and the magic is in you!

2 – Choose what you love and cultivate harmony in your life, home and relationships! A good year to bring in new relationships or spice up current ones. Your psychic sense and intuition is your ally this year. It's a year of keeping your balance and you might find yourself assisting mediating or negotiating a situation as you can be a good listener. Keep a gratitude journal and write 5 things to be grateful for each day. Sometimes you can feel a bit more sensitive in a 2 year, clingy, and co-dependent. Fall in love with yourself this year and above all, listen to your intuition.

3 – It's time to create and communicate! Start that book that you've been meaning to write, or creative project you've been dreaming about. How we communicate this year will be front and center. On the flip side, you can be dramatic, gossipy, or help others at your own peril. In a 3 year it's about bringing joy to all that you do. Keep a sense of humor this year.

4 – Home energy, education, and stability in love rule the year! Painting, redecorating, adding new colors to your home; or creating your perfect nest. Four is all about learning and teaching. A wonderful year to take a course, go back to school, or teach something you love. On the shadow side you can be inflexible and a bit of a perfectionist. It's a year where you want stability but don't rule out taking a risk on something you really desire!

5 – A year of adventure and change; you won't be bored! Plan out your trips for the year – day trips to your local parks, museums, or long distance destinations. Create a vision board with all the places and things you choose to manifest this year. A 5 year brings fast energy. Seeking out activities and relationships that are grounding will be your best friend this year. You may want to add some things to your business or life. Great ideas come up in a 5 year and in a 6 year it will payoff. It's not an ideal year for personal commitments but if you do, take a good look, take it slow and remember you are worth waiting for! Surprises await you around every corner so go forward with an open heart!

6 – Nurture and growth! A year to make personal commitments and an ideal year for contracts. Things begin to settle down. Often a good year to start that new business or your business takes a growth spurt. You can always stay in your day job if you are not ready to take the leap while nurturing your dream into reality. The 6 energy is very loyal and is about being true to yourself. Before you jump into something ask yourself "Is that true for me?" On the flip side you may find yourself taking responsibility for others, taking away their chance to live their life agreements. You may have to take a step back, even if it involves a bit of tough love. Make sure to take time out to nurture yourself this year; scented baths, walks in the park, harvest flowers or greenery from the garden, and use those special dishes! It's a year to look and feel good!

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7 – A magical and spiritual year! In a personal year of 7 you feel drawn to connect with your spirituality, your antenna is up where your intuition is concerned. You may venture out attending workshops, and finding people who are like minded. If there is research to be done, this is the year. What about that genealogy project you have thought about or researching something you dreamed of? In a 7 year you can often live in your head a bit too much and need personal space. Just don't hermit in too long and once you've had your space, get back into the game. Find time to listen to music, take walks in nature and being near water can be very comforting and healing. 7 is a magical and mystical number; there is mystery in the air this year!

8 – Be in the flow of prosperity and health! A time to reevaluate your finances and attitude on abundance. Look for any blocks in this area that may have come from your past, family, or a previous life and work on releasing and letting those beliefs go. Carry the number 8 on a piece of paper in your wallet to remind yourself of abundance and it's a bit lucky too! It's a year of passion to follow your dreams. An 8 year reminds you to pay attention to your overall wellbeing; nutrition and exercise as you can tend to overwork. It's a year to balance your work with your personal life. Remember, abundance in all areas is your birthright!

9 – Ahh your last year in this 9 year cycle. What do you want to release and choose to keep? This is the year to decide to clear away what no longer serves you to make room for the new to come into your life. You might be literally cleaning house, donating unused items or feeling a bit of wanderlust, packing boxes, in anticipation of a move. People tend to come to you for advice and your intuition is particularly heightened which is common for the Personal Years of 2s, 7s, and 9s. Issues may come with family members, so create some space, and it can be emotional and physical space as well. Other people may want to pull you in different directions, so go within and ask what you really want. It's a year to celebrate your uniqueness, and go for what you truly desire and release the opinions of others.