



Working with Numbers

1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

Find your Birth Number/Life Path: Add the

Numbers of your Birth Date across:

$$\text{June 16th, 1964} = 6+1+6+1+9+6+4 = 33 = 3 + 3 = \mathbf{6}$$

Find the World/Universal Year Number:

$$2023 = 2 + 0 + 2 + 3 = 7$$

$$1997 = 1 + 9 + 9 + 7 = 26 = 2 + 6 = \mathbf{8} \text{ (always reduce to a single digit)}$$

Find your Attitude Number:

Add your birth month and day together:

$$6 + 1 + 6 = 22 = 2 + 2 = \mathbf{4}$$

Find your Personal Year Number:

Add your Attitude Number (birth month and day) to the World Year:

$$6 + 1 + 6 + 7 = 20 = 2 + 0 = \mathbf{2}$$